



Teething

Your child has been diagnosed or suspected to be teething and may have any of the following symptoms:

- Gum Pain
- Crying
- Drooling
- Rash
- Chewing

Causes

- Teething is the normal process of new primary (baby) teeth working their way through the gums
- Baby teeth come in between 6 and 24 months of age

Care & Treatment

- Gum Massage - Find the irritated or swollen gum and massage it with your finger for 2 minutes as often as needed. Putting pressure on the sore gum can reduce pain.
- Teething Rings (Teethers)- Infants massage their own sore gums by chewing on smooth, hard objects.
 - Offer a teething ring, pacifier or wet washcloth that has been chilled in the refrigerator, but not frozen in the freezer.
- Pain Medicines usually are not needed for the mild discomfort of teething.
 - If discomfort doesn't respond to gum massage, you can give acetaminophen every 4 hours OR ibuprofen every 6 hours as needed (See Dosage table). Just do this for one or two days.

Medications:

Acetaminophen (Tylenol): ALL AGES	Infant/Children's Suspension Liquid 160mg/5mL	Junior Strength Chewable Tablet
Weight	Dose	Tablets
6 -11 lbs	¼ tsp or 1.25 mL	
12-17 lbs	½ tsp or 2.5 mL	
18-23 lbs	¾ tsp or 3.75 mL	
24-35 lbs	1 tsp or 5 mL	
36-47 lbs	1 ½ tsp or 7.5 mL	
48-59 lbs	2 tsp or 10 mL	2 tablets
60-71 lbs	2 ½ tsp or 12.5 mL	2 ½ tablets
72-95 lbs	3 tsp or 15 mL	3 tablets
>96 lbs		4 tablets

*Use weight to dose. One dose lasts 4-6 hours.

Ibuprofen (Motrin): > 6 MONTHS OF AGE	Infant Drops 50mg/1.25 mL (Ages 6 - 23 months)	Children's Suspension 100mg/5 mL (Ages 2- 11)	Children's Chewable Tablets 50mg	Junior Strength Chewable Tablets or Capsules 100mg
Weight	Dropperful	Dose	Tablets	Tablet or Capsule
12-17 lbs	1 = 1.25 mL			
18-23 lbs	1 ½ = 1.875 mL			
24-35 lbs		1 tsp or 5 mL	2 tablets	
36-47 lbs		1 ½ tsp or 7.5 mL	3 tablets	
48-59 lbs		2 tsp or 10 mL	4 tablets	2 tablets
60-71 lbs		2 ½ tsp or 12.5 mL	5 tablets	2 ½ tablets
71-95 lbs		3 tsp or 15 mL	6 tablets	3 tablets

*Use weight to dose. One dose lasts 6-8 hours.

What to Expect

- Usually teething doesn't cause any symptoms.
- If your child is having some discomfort, it should pass in 2 or 3 days.

When to Call

- Develops unexplained crying
- Develops fever
- Has other symptoms of illness such as fever, diarrhea, congestion

Continue Self-Care at Home

- Normal teething symptoms with baby teeth coming in
- Losing baby teeth and getting permanent teeth

Call Office to be Seen

- Accompanied by fever > 100.4 F (38 C)
- Teething accompanied by diarrhea, vomiting, or diaper rash
- Inconsolable fussiness